

# MENU



**Campus West**  
WELWYN GARDEN CITY

GET **15%**  
OFF WITH YOUR  
ZEBRA DISCOUNT

## COFFEE

We use 60% Brazilian and 40% Colombian coffee beans, locally roasted and blended to suit our water.

Available to buy at the Bar, beans or ready ground.  
227g bag £6.95

	Small	Large
<b>Caffé Americano</b>	£2.10	£2.30
<b>Caffé Latte</b>	£2.45	£2.75
<b>Cappuccino</b>	£2.45	£2.75
<b>Caffé Mocha</b>	£2.90	£3.30
<b>Hot Chocolate</b>	£2.65	£3.00
	Single	Double
<b>Espresso</b>	£1.65	£2.00
<b>Extras</b>		
Syrup   cream		
extra shot of coffee   whipped cream		40p
<b>Iced coffee</b> made to order		

## TEA

	Small	Large
Breakfast   Earl Grey   decaf   Green	£1.90	£2.00

Selection of fruit & herbal teas

Skimmed, semi-skimmed, soya or almond milk available

ENJOY A SWEET TREAT WITH YOUR COFFEE OR TEA.  
SEE OUR SELECTION AT THE BAR.



## WINES

125ml 175ml 250ml 75cl Bottle

### WHITE

**Louis Eschenauer Chardonnay** *Languedoc, France*  
Un-oaked Chardonnay, round, light and well-balanced  
£3.95 £4.75 £6.25 £18.00

**San Giorgio Pinot Grigio DOC** *Venezie, Italy*  
Award-winning, clean and crisp  
£3.25 £3.95 £5.25 £14.95

**Peregrino Sauvignon Blanc** *Central Valley, Chile*  
Aromatics of citrus and minerals with a lightly herbal finish  
£3.25 £3.95 £5.25 £14.95

**Le Havre de Paix Blanc** *Cotes de Gascogne, France*  
Gently flavoured with berry fruits  
£3.25 £3.95 £5.25 £14.95

### ROSÉ

**San Giorgio Pinot Grigio Blush** *Venezie, Italy*  
Wonderfully light, delicate and crisp  
£3.95 £4.75 £6.25 £18.00

### RED

**Tempus Two Shiraz** *South Eastern Australia*  
Medium bodied, sweet plum, vanilla and cedar spice  
£3.95 £4.75 £6.25 £18.00

**Peregrino Merlot** *Central Valley, Chile*  
A lovely, soft and juicy wine bursting with flavour  
£3.25 £3.95 £5.25 £14.95

**Le Havre de Paix Rouge** *Aude, France*  
Gentle berry fruits  
£3.25 £3.95 £5.25 £14.95

### SPARKLING

**Pasqua Prosecco Treviso DOC** *Treviso, Italy*  
Wonderfully bright with lively aromas, velvety smooth  
Bottle £18.00

**One 4 One Prosecco DOC**  
Delicate and complex bouquet with fruity notes  
Single serve £5.95

WINE MENU IS SUBJECT TO AVAILABILITY

## SPIRITS

All our spirits are sold in 25ml measures £3.25

## DRAUGHT BEER

	1/2 pint	1 pint
<b>Peroni</b>	£2.25	£4.50
<b>Craft Beer</b>	£2.00	£3.95



## BREAKFAST

AVAILABLE FROM 9.30am - 11.30am

<b>BACON BRIOCHE BUN</b>	<b>£2.99</b>
Smoked streaky bacon in a warm buttered brioche bun, with or without tomato or brown sauce Add a small tea or coffee	<b>£4.50</b>
<b>SAUSAGE BRIOCHE BUN</b>	<b>£2.99</b>
2 Cumberland sausages in a warm buttered brioche bun, with or without tomato or brown sauce Add a small tea or coffee	<b>£4.50</b>
<b>TOAST</b> <span>V</span>	<b>£1.99</b>
Two slices of thick white or granary toast with a pot of jam or marmalade and a portion of butter Add a small tea or coffee	<b>£3.50</b>

## ALL DAY MEALS £6.95

<b>CHILLI CON CARNE</b> with rice
<b>RED THAI VEGETABLE CURRY</b> with rice and poppadom <span>V</span>
<b>CHICKEN TIKKA CURRY</b> with rice and poppadom
<b>STEAK PIE</b> with mashed potato, peas and gravy
<b>FISH &amp; CHIPS</b> with peas and tartare sauce
<b>BEEF LASAGNE</b> with garlic bread
<b>SHEPHERDS PIE</b> with peas and sweetcorn

## KIDS MEALS £3.75

PERFECT FOR A SMALLER APPETITE

All served with French fries or half a jacket potato V GF and baked beans, sweetcorn or carrot & cucumber sticks V VE DF GF

<b>5 X QUORN NUGGETS</b> <span>V</span>
<b>5 X CHICKEN CHUNKS</b> <span>DF</span>
<b>5" CHEDDAR CHEESE &amp; TOMATO PIZZA</b> <span>V</span>
<b>2 x CUMBERLAND SAUSAGES</b>
<b>5 X FISH FINGERS</b> <span>DF</span>

## HOT PANINI £6.95

Served with a pot of French fries

<b>HAM, TOMATO &amp; SMOKED CHEESE</b>
Ham, slices of tomato and Applewood smoked cheese
<b>CHICKEN &amp; CHERIZO</b>
Chicken slices, spicy chorizo and mature Cheddar cheese
<b>MOZZARELLA &amp; TOMATO</b> <span>V</span>
Slices of Mozzarella cheese and tomato
<b>CHILLI &amp; CHEDDAR CHEESE</b>
Beef Chilli topped with mature Cheddar cheese
<b>TUNA &amp; CHEDDAR CHEESE</b>
Tuna in mayonnaise with mature Cheddar cheese
<b>CHICKEN &amp; BACON</b>
Chicken strips, bacon and mature Cheddar cheese with a BBQ sauce

Gluten free panini and vegan cheese available

## JACKET POTATOES

One filling from the selection below	<b>£5.75</b>
Two fillings from the selection below	<b>£6.65</b>
<b>MATURE CHEDDAR CHEESE</b> <span>V</span> <span>GF</span>	
<b>BAKED BEANS</b> <span>V</span> <span>DF</span> <span>GF</span>	
<b>TUNA MAYONNAISE</b> <span>DF</span> <span>GF</span>	
<b>BEEF CHILLI CON CARNE</b> <span>DF</span> <span>GF</span>	
<b>THAI VEGETABLE CURRY</b> <span>V</span> <span>DF</span> <span>GF</span>	

## TOASTED SANDWICHES

All served with a pot of fruit chutney

<b>CLASSIC MATURE CHEDDAR CHEESE</b> <span>V</span>	<b>£4.75</b>
<b>MATURE CHEDDAR CHEESE &amp; TOMATO</b> <span>V</span>	<b>£4.75</b>
<b>MATURE CHEDDAR CHEESE &amp; HAM</b>	<b>£4.95</b>
<b>APPLEWOOD SMOKED CHEDDAR CHEESE &amp; RED ONION</b> <span>V</span>	<b>£4.95</b>
<b>TUNA &amp; MATURE CHEDDAR CHEESE</b>	<b>£4.95</b>

## BURGERS £6.95

Served with a pot of French fries

<b>CLASSIC BURGER</b>
100% beef burger in a brioche bun, with Iceberg lettuce, tomato, onion, sliced gherkin and mayonnaise
<b>SMOKED STACKED BURGER</b>
100% beef burger in a brioche bun, smoked bacon, Applewood smoked cheese, onion rings and BBQ sauce
<b>MOZZARELLA BEEF BURGER</b>
100% beef burger in a brioche bun, slices of mozzarella with a tangy tomato sauce
<b>CHICKEN BURGER</b>
Buttermilk breaded chicken fillets in a brioche bun, with Iceberg lettuce, tomato and mayonnaise
<b>KALE &amp; CAULIFLOWER BURGER</b> <span>V</span>
Kale and cauliflower burger in a brioche bun, with Iceberg lettuce, tomato and tangy tomato sauce
<b>NAKED BURGER</b> <b>£4.55</b>
100% beef burger served without a bun, with extra salad

## SIDES

Basket of fries <span>V</span> <span>VE</span> <span>DF</span> <span>GF</span>	<b>£2.50</b>
Basket of sweet potato fries <span>V</span> <span>VE</span> <span>DF</span> <span>GF</span>	<b>£2.95</b>
Basket of onion rings <span>V</span> <span>VE</span> <span>DF</span>	<b>£2.50</b>

## SOUP

<b>RUSTIC TOMATO SOUP</b> <span>V</span> <span>VE</span> <span>GF</span> <span>DF</span>	<b>£3.45</b>
With two slices of thick, buttered bread	

Choose white or farmhouse granary when ordering

We would like to make you aware that in Humphrey's kitchen we use nuts, fish, eggs, shellfish, milk and gluten products. It is impossible to fully guarantee separation of these items in storage or preparation of cooking. Although every effort is made to minimise the risk, some dishes may contain bones. A full list of allergens is available on our website. Description of dishes are subject to change according to current availability of ingredients.

DF DAIRY FREE GF GLUTEN FREE VE VEGAN V VEGETARIAN